

Café at 140



BRUNCH AT 140 served all day

One Forty Breakfast bacon, sausages, tomato, mushrooms, egg of your choice & toast (additional egg, sausage, bacon, tomatoes or beans)	£7.95
Breakfast Bap egg, bacon, sausage, tomato and mushrooms	£1.00
Bacon or Sausage Bap with or without fried onions	£6.25
Toast and Butter served with marmalade, jam or Marmite	£4.50
Toasted Teacake with butter	£2.95
Creamy Scrambled Eggs with slices of Oak Smoked Salmon and wholemeal toast	£1.95
Creamy Mushrooms on toasted sour dough	£7.95
One Forty Granola toasted oat and dried fruit with honey and Greek yoghurt	£4.95
	£3.95

140 CLASSICS

The One Forty Burger home-made beef burger with pancetta, Swiss cheese, gherkin and Dijon mayonnaise served on a ciabatta roll with skinny fries	£10.95
Tuna Melt tuna and mayonnaise served on a toasted bap with melted cheese served with a side salad	£7.95
Oak Smoked Salmon & Poached Eggs with potato rosti and rocket (GF)	£8.95
Croque Monsieur or Madame (with an egg) gammon ham, Gruyère cheese topped with Béchamel sauce and grated Gruyère	
	Monsieur £8.20
	Madame £8.75
Grilled Haloumi Salad with roasted vegetables, cherry tomatoes, spinach, rocket and a harissa dressing (GF V)	£10.95
Baked Feta or Goats Cheese Salad with crispy bacon, avocado, cherry tomatoes and cucumber served on mixed leaves (GF)	£10.95
Warm Chicken Pancetta Salad with avocado, mixed leaves, cherry tomatoes and cucumber served with a One Forty dressing	£10.95
Blackened Cajun Chicken Wrap with roasted peppers, sour cream and salad leaves	£7.25
Smoked Salmon and Cream Cheese Bagel with rocket	£6.50

140 SANDWICHES served with lightly salted 'Kettle' crisps

Sandwiches below available on Wholemeal, White, Granary and Gluten free bread

Chicken, Pancetta and Avocado with mayonnaise & crispy lettuce	£6.50
BLT crispy bacon, lettuce and tomato with mayonnaise	£6.50
Egg Mayonnaise with chives and tomatoes	£4.25
Tuna Mayonnaise with gherkins, cucumber and crispy lettuce	£5.95
Goats Cheese with red onion chutney, sun-blushed tomatoes and rocket (V)	£5.95
Coriander Houmous with spinach, grated carrot, cucumber and tomato (V)	£5.95

EXTRAS served only with one of the above courses

Skinny Fries with Dijon mayonnaise	£2.95
Mixed side salad	£3.95

SEE THE BLACKBOARD FOR TODAY'S 'SPECIALS'

Great food made with passion takes time and all our food is prepared to order with fresh produce sourced locally.

We will make every effort to accommodate special food requests.

We cannot guarantee the absence of nut traces in any of these dishes.

(V) Vegetarian

(GF) Gluten Free

Gold Award

